



Fitness Programme

Monday Pazartesi

14.30 Aqua Gym
18.30 Pilates

Thursday Perşembe

14.30 Aqua Gym
18.30 Pilates

Tuesday Salı

14.30 Stretching
18.30 Yoga

Friday Cuma

14.30 Stretching
18.30 Yoga

Wednesday Çarşamba

14.30 Fitness Circuit
18.30 Latin Aerobic

Saturday Cumartesi

14.30 Fitness Circuit
18.30 Latin Aerobic

Enjoy Sunday

For details and reservation
Detaylar ve rezervasyon
4000 - 4001